

The TN SHIP provides free and objective counseling on Medicare and all related health insurance issues.

Got Medicare? Got Questions?

WE CAN HELP!

ORIGINAL MEDICARE & MEDICARE ADVANTAGE

Eligibility-Enrollment-Coverage-Billing

MEDICARE AND PRESCRIPTION DRUG COSTS

Medicare Prescription Drug Coverage (Part D) - Extra Help (LIS) - Other Sources of Help

MEDICARE SUPPLEMENT OR MEDIGAP INSURANCE

Standardized Plans— Enrollment Deadlines-Right & Protections

MEDICARE & OTHER INSURANCE

Employee Plans-Retiree Plans-VA-TRICARE for Life

MEDICARE & TENNCARE /MEDICAID

If you have Medicare AND TennCare (or losing TennCare), we can help identify your options -TennCare Medicaid Benefits Changes

LONG-TERM CARE INSURANCE

Buying LTC Insurance-Reverse Mortgage Information-Nursing Home Medicaid



www.tnmedicarehelp.com

1-877-801-0044

SHIP is a nationwide program sponsored by the Centers for Medicare and Medicaid Services (CMS). In Tennessee, SHIP is sponsored by the Tennessee Commission on Aging and Disability and the Statewide Area Agency on Aging and Disability Network.



LOCAL HELP FOR PEOPLE WITH MEDICARE

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TN SHIP Medicare Information & Counseling

What is SHIP

The State Health Insurance Assistance Program (SHIP) is a national program that offers one-on-one counseling assistance to people with Medicare and their families.

* **Mission:** (a) To help all Medicare enrollees, regardless of financial status, obtain the health care they need and to which they are entitled and (b) to be the “last stop for consumers, who by the time they reach a SHIP counselor, report feelings of frustration and hopelessness after having tried to navigate the Medicare system on their own and © to facilitate consumer access to other available Tennessee Aging and Disability network programs and public benefits whenever possible.

How does SHIP work?

SHIP provides education and assistance to Tennesseans in several ways:

- By operating a toll-free consumer information phone line (SE TN Monday through Friday from 8:15 am—5:00 pm EST).
- By training volunteers to counsel Medicare beneficiaries within their communities about Medicare to be at available counseling/host sites
- By creating education materials for consumer’s
- By conducting trainings and seminars about Medicare and other related topics

When was SHIP started?

SHIP was created under Section 4360 of the Omnibus Budget Reconciliation Act (OBRA) of 1990. TN received the grant in 1992. The program was originally established to address the confusion caused by the increased in choices of Medicare supplement insurance, also known as Medigap.

How do Tennesseans contact SHIP?

You can contact SHIP by either:

- Visiting a local SHIP host site near you
- Calling the statewide toll-free consumer number (1-877-801-0044)
- Visiting the website (www.setaad.org) or (www.tnmedicarehelp.com)

