

**Support Groups: Hamilton and surrounding Counties**

For information on support groups and other programs call 1-800-272-3900.

**HAMILTON COUNTY**

**Caregiver Support Group at Elmcroft of Shallowford**

1<sup>st</sup> Tuesday each month, 5:30 p.m. – 6:30 p.m.  
Elmcroft of Shallowford, 7127 Lee Highway  
Call: 423-899-8133

**Young Onset Support Group**

1<sup>st</sup> Wednesday each month at noon  
Golden Corral, 1808 Gunbarrel Rd.  
ONLY FOR CAREGIVERS OF THOSE UNDER AGE 65

**Morning Pointe East Caregiver Support Group**

2<sup>nd</sup> Tuesday each month at 5:30 p.m.  
Morning Pointe Chattanooga  
7620 Shallowford Road

**Ooltewah Caregiver Support Group**

2<sup>nd</sup> Wednesday each month at 11:30 a.m.  
Greenbriar Cove Community Center  
4656 Tuckaway Lane, Ooltewah

**Brainerd Area Caregiver Support Group**

2<sup>nd</sup> Tuesday each month at 10 a.m.  
East Gate Senior Center  
5600 Brainerd Road Suite C-10-11  
Contact Kerry Brown: 595-7286

**“Sandwich Generation” Caregiver Support Group**

3<sup>rd</sup> Tuesday each month at 11:00 a.m.  
Alexian Brothers Valley Residence  
1164 Mountain Creek Road  
Call to confirm: 423-875-6110

**Elm Croft Support Group**

3<sup>rd</sup> Thursday each month at 5:30 p.m.  
Elm Croft Assisted Living  
1502 Gunbarrel Road

**The Terrace at Mtn Creek Caregiver Group**

3<sup>rd</sup> Thursday of each month) at 5:30 p.m.  
The Terrace at Mountain Creek  
1005 Mountain Creek Rd  
Contact info: 423-847-1370

**Morning Pointe Hixson Caregiver Group**

4<sup>th</sup> Tuesday each month at 6:30 p.m.  
Morning Pointe of Hixson  
5501 Hixson Pike

**HAMILTON (continued)**

**Signal Mountain Caregiver Support Group**

Last Thursday each month at 3:00 p.m.  
Alexian Village of TN  
437 Alexian Way, Signal Mountain TN  
Call 423-886-0137; Chaplain Valarie Carnes.

**BRADLEY COUNTY**

**Cleveland North Group**

2<sup>nd</sup> Tuesday each month at 5:00 p.m.  
Sharon’s Adult Day Center  
5212 North Lee Highway

**Cleveland Daytime Group**

2<sup>nd</sup> Tuesday each month at 2:00 p.m.  
Wellington Place of Cleveland  
2643 Executive Park Drive

**Cleveland Young-onset Caregiver Support Group**

2<sup>nd</sup> Thursday each month, 6:30 p.m.  
Cleveland YMCA  
220 Urbane Road  
ONLY FOR CAREGIVERS OF THOSE UNDER AGE 65

**RHEA COUNTY**

**Dayton Caregiver Support Group**

4<sup>th</sup> Tuesday each month at 5:30 p.m.  
The Veranda Assisted Living Community  
10055 Rhea County Highway  
Contact: 800.272.3900

**MCMINN/MEIGS COUNTY**

**McMinn/Meigs Caregiver Support Group**

2<sup>nd</sup> Tuesday each month at 7:00 p.m.  
Athens Regional Medical Center  
1114 West Madison Ave., Athens, TN  
Contact: Linda Garza, 423-746-5212

**MARION COUNTY**

**Marion County Support Group**

2<sup>nd</sup> Thursday each month, 6:30 p.m. (CENTRAL TIME)  
Silver Angels  
12 Courthouse Square, Jasper, TN

**EARLY STAGE SUPPORT GROUP COMNG SOON!**

**This 8 week Program will focus on support and education for those in the early stage of Alzheimer’s and their caregivers. For more information contact Amy French at 423-265-3600.**

**ABOUT OUR HELPLINE:** 1-800-272-3900 will connect you 24/7 with help and support. During business hours (8:30 a.m. – 4:30 p.m.) this number accesses our local office located in Chattanooga TN.